



PRE – ANESTHESIA/CONSCIOUS SEDATION INSTRUCTIONS

1. No solids are to be eaten for 6 hours prior to the appointment. Clear liquids (i.e. water, apple juice, Gatorade) may be consumed up to 2 ½ hours prior.
2. The patient must have a ride home from the procedure, in a vehicle where the patient may recline or lie down with proper seat belt restraint.
3. Arrangements must be made to have supervision for the remainder of the day and possibly through the night, depending upon the patient and procedure. Assume this is the case unless told otherwise. This individual must be capable of managing the patient to accompany to the restroom, help balance in the event he/she loses balance, can make sure the patient consumes appropriate nourishment, and can manage the pain medication as instructed.
4. Have necessary items available ahead of time (i.e. liquids with calories, food, etc.) so the supervising individual will not need to leave the patient unattended.
5. Wear appropriate, comfortable clothing with sleeves which can be rolled up. Several monitoring devices will be utilized, including a blood pressure cuff and a finger sensor.
6. If you take any medications (such as for high blood pressure, heart problems or diabetes), take them as normal unless instructed otherwise. **Please bring in all medications which you are taking so Dr. Kondoff or Dr. Williams can reconfirm doses and when these medications are taken.** Refrigerated medications (i.e. insulin, etc.) do not need to be brought to the appointment, but we do need a detailed list of medications (including doses and when taken) which are not brought in for the appointment.
7. If you have any issues or conditions which may be complicated by the eating schedule (i.e. diabetes or hypoglycemia), please contact the office prior to the appointment. These guidelines may be altered as needed by the doctor.
8. We will attempt to call you a day or two before your procedure to confirm your appointment and go over instructions again. If you have any questions or concerns, please do not hesitate to contact us.
9. If you see any medical specialists, have any medical issues or special concerns, please be sure the doctor is aware ahead of time. Additional consultations may be necessary prior to treatment. If you have any additional concerns (such as allergies to medications, or history of nausea or vomiting after other procedures), please make sure the doctor is aware of them.
10. If you are requested to have an additional consultation prior to treatment, please bring a note from the physician to the appointment or email the note to our office at info@cedarparkdental.com ahead of time.
11. Please make sure we have a good contact phone number for the patient and the supervising guardian for the day of the appointment in order to check on the patient. Be aware that patients often do not answer their own cell phone on the day of the procedure.

If you have any questions or concerns, please feel free to call us.

Dr. Kondoff and Dr. Williams

512-782-0821 (if during business hours) or 512-426-5721 (if after business hours)